

**RISING STAR GYMNASTICS TRAINING CENTER
PARTICIPANT INFORMATION**

Participant's Name: (First) _____ (Middle) _____ (Last) _____

Parent / Guardian Name (if under 18) _____

Birthday: (month/day/ year) _____ Circle One: Male/Female

Mailing Address: _____ City _____ Zip _____

E-mail: _____

Home Phone: _____ Cell Phone _____

Emergency Contact _____ Phone _____ Relationship to Participant _____

Adult Waiver / Release

RISING STAR GYMNASTICS WAIVER & RELEASE OF LIABILITY

Rising Star Gymnastics Training Center * 2024 Del Monte Avenue Suite E * Monterey CA.

Tel: (831) 375-9335 * risingstar@sbcglobal.net * www.risingstargym.net

DISCLAIMER: RISING STAR GYMNASTICS IS NOT RESPONSIBLE FOR ANY INJURY (OR LOSS OF PROPERTY) TO ANY PERSON WHILE PRACTICING, TRAINING, TAKING CLASS, COMPETING, PARTICIPATING IN OPEN GYM, SPECIAL EVENTS, DEMONSTRATIONS OR SHOWS, OR IN ANY OTHER WAY INVOLVED IN GYMNASTICS, CHEERLEADING, PRESCHOOL OR TEAMS AT RISING STAR GYMNASTICS FOR ANY REASON WHATSOEVER, INCLUDING ORDINARY NEGLIGENCE ON THE PART OF RISING STAR GYMNASTICS, ITS OWNERS OR EMPLOYEES.

In consideration of my participation, I hereby release and covenant not to sue Rising Star Gymnastics Training Center and any of their employees, teachers, coaches from any and all present and future claims resulting from ordinary negligence of Rising Star Gymnastics Training Center or others listed for property damage, personal injury or wrongful death, arising as a result of my engaging in or receiving instruction in gymnastics, cheerleading or any other activities or any activities incidental thereto, wherever, whenever or however the same may occur. I hereby voluntarily waive any and all claims resulting from ordinary negligence, both present and future, that may be made by me, my family, estate, heirs or assigns.

Further, I am aware that gymnastics and cheerleading are vigorous sporting activities involving height and rotation in a unique environment and as such they pose a risk of injury. I understand that gymnastics, cheerleading and related activities always involve certain risks, including but not limited to death, serious neck and spinal injuries resulting in complete or partial paralysis, brain damage and serious injury to virtually all bones, joints, muscles and internal organs and that the mats, pits and other safety equipment and apparatus provided for my protection, including the active participation of a coach or teacher who will spot or assist in the performance of certain skills may be inadequate to prevent serious injury. The risk of harm may be limited by all of the safety equipment and trained coaches, but never eliminated. I understand that participation in gymnastics and related activities involves activities incidental to active participation in gymnastics, including moving from event to event, conditioning, stretching and other activities which may leave me vulnerable to the reckless actions of other participants who may not have complete control over their actions or knowledge of the risks involved and hereby agree to accept my and all inherent risks of property damage, personal injury or death.

I further agree to indemnify and hold harmless Rising Star Gymnastics Training Center and all other listed for any and all claims arising as a result of my engaging in or receiving instruction in Rising Star Gymnastics activities or any activities incidental thereto, whenever, wherever or however the same may occur.

I understand that this waiver is intended to be as broad and as inclusive as permitted by the laws of the State of California and agree that if any portion is held invalid, the remainder of the waiver will continue in full legal force and effect. I further agree that the venue for any legal proceedings shall be within the State of California.

I affirm that I am of legal age and am freely signing this agreement. I have read this form and fully understand that by signing this form, I am giving up legal rights and or remedies which may be available to me for the ordinary negligence of Rising Star Gymnastics Training Center or any person listed above.

Participant Signature _____

Date _____